

# MOVEMENT WEEK

## BIO

Sarah Klok is a professional dancer, choreographer, and educator originally from Minnesota and currently based in Central New York. She began her formal training as a competitive dancer, spending five years with Larkin Dance Studio and simultaneously studying ballet with Concept Pavielle. She made the decision to pursue ballet full-time and joined Ballet Co.Laboratory as a Trainee at age sixteen, where she was also named their inaugural Choreographic Mentorship Student during her senior year. Following graduation, Sarah relocated to New York City for the Alvin Ailey/Fordham University BFA program and began working as a freelance artist. She joined Pangea Dance Collective as a Company Artist and choreographer and additionally choreographed and performed for multiple projects independently, including the Spring4Spring Dance Festival, Finding Compassion Film Showcase, and the Indeterminacy Festival. After one year in NYC, Sarah was invited to join Syracuse City Ballet, where she just completed her second season with the company as both a dancer and Marketing Associate. Since moving to Syracuse, she has been commissioned to choreograph new works for Syracuse City Ballet and Albany Berkshire Ballet, and is also an adjudicator for East Coast Elite Dance Challenge and on faculty with Ballet Arts of CNY!



## SARAH KLOK

WEDNESDAY JUNE 24

DANCE FORWARD - 12+

'DANCE FORWARD' INFORMS STUDENTS ABOUT THE VARIOUS PATHS AVAILABLE TO THEM FOLLOWING GRADUATION. WHETHER YOU WANT TO STICK WITH PERFORMANCE OR MOVE INTO TEACHING, CHOREOGRAPHING, OR SOMETHING ELSE ENTIRELY, THERE ARE WAYS FOR EVERYONE TO STAY IN TOUCH WITH THE DANCE WORLD BEYOND THE STUDIO. LEARN ABOUT COLLEGIATE & PROFESSIONAL TRAINING OPTIONS AND EVERYTHING IN BETWEEN!

THURSDAY JUNE 25

FUSION - 6-11 & 12+

'FUSION' COMBINES ELEMENTS OF MULTIPLE TECHNIQUES TO CREATE UNIQUE MOVEMENT PATTERNS. EXPAND YOUR ARTISTRY AND TECHNICAL VOCABULARY WITH THIS WORKSHOP CLASS!